

# Welcome!



Faith Formation  
2022-23

# Tasks of Catechesis

Education and formation require attention to the whole person. Faith formation must stretch beyond just the transmitting of information. We must seek to engage each person in their journey of discovering who Jesus Christ is and God's plan for their life. Assisting them to develop a habit of practicing the Faith and living it authentically is also important.

# The Six Fundamental Tasks of Catechesis

The General Directory for Catechesis specifies the six tasks of catechesis:

1. Catechesis promotes knowledge of the faith.
  - ❖ *Catechism class for teens ~ Monthly calendar on parish website*
  - ❖ FORMED – Formation for everyone: <https://signup.formed.org/>
2. Catechesis promotes a knowledge of the meaning of the Liturgy and the Sacraments.
  - ❖ *Active and regular participation at Sunday Mass*
  - ❖ *Participation in at least 5 Special Celebrations:*
    - *November 1                      All Saints*
    - *November 2                      All Souls*
    - *November 28                     Thanksgiving Mass*
    - *December 8                        Immaculate Conception*
    - *December 12                      Our Lady of Guadalupe*
    - *February 22                        Ash Wednesday*
    - *April 6                                Holy Thursday*
    - *April 7                                Good Friday*
3. Catechesis promotes moral formation in Jesus Christ.
  - ❖ *Read the Bible with your teen, be a good witness to the Gospel ~ Acts of the Apostles*

# The Six Fundamental Tasks of Catechesis

The General Directory for Catechesis specifies the six tasks of catechesis:

4. Catechesis teaches the Christian how to pray with Christ.  
❖ *Pray with your teen, do the assigned faith sharing projects/family movie nights with them ~ Prayer Book*
5. Catechesis prepares the Christian to live in community and to participate actively in the life and mission of the Church.  
❖ *Bring money contribution to support the work and mission of the Church*
6. Catechesis promotes a missionary spirit that prepares the faithful to be present as Christians in society.  
❖ *Bring food offering to share with those less fortunate*  
❖ *Get involved with your teen in any ministry that serves the poor ~ Community Care, SVDP, etc.*

“These six tasks of catechesis constitute a unified whole by which catechesis seeks to achieve its objective: the formation of disciples of Jesus.” (NCD 20, p. 61-63; GDC 86-87)

# Expectations for Families in Faith Formation

## *Active Parent Participation At Home*

- ❖ **Pray**
  - Have your teen see you pray, pray with your teen.
  - **Do the assigned faith sharing projects/family movie night with your teen.**
  - Help your teen learn the prayers by heart...Sign of the Cross, Our Father, Hail Mary...etc.
- ❖ **Share the Gospel weekly** with your teen, be a good witness to the gospel for your children.
- ❖ **Read the Bible** with your teen.
- ❖ **Practice** the faith at all times and in all places.

# FORMED

All parents and guardians need to subscribe to FORMED so students can complete assignments throughout the year. Use the simple steps below:

1. Go to <https://signup.formed.org/> to subscribe.
2. Enter our parish zip code: **94550**
3. Enter your name and email address. You're in!

After you Sign Up, download the FORMED App by searching "FORMED Catholic" in your App store.