

TOTAL CONSECRATION TO JESUS THROUGH MARY PROGRAM

St. Michael's Church, Livermore, CA

The Total Consecration to Jesus through Mary Program is based on St. Louis de Montfort's book True Devotion to Mary. This program consists of 33 days of prayer and exercises which help purify souls to prepare one for Total Consecration to Jesus through Mary.

In this program, there are two different periods assigned to these exercises:

- The first period includes 12 days of exercises employed in casting off the spirit of the world which is contrary to Jesus Christ.
- The second period consists of 3 weeks: the first devoted to the Knowledge of Ourselves, the second devoted to the Knowledge of the Blessed Virgin Mary and the third devoted to that of Jesus Christ.

The program also includes going to Confession prior to Consecration and Holy Communion on consecration day with the intention of giving oneself to Jesus Christ as slaves of love by the hands of Mary.

A prayer book with information and instructions will be provided at the start of the program.

In addition to the prayers and exercises, there will be Spiritual Talks starting with an Introductory Talk on the first Saturday after the 8:30am Mass at the onset of the 33 days, and every Saturday thereafter until one's consecration day on August 15, 2019. All Consecration Participants will consecrate together **on August 15**, the Feast of the Assumption at St. Michael's Church at the **6pm mass**. Prayers can be recited at one's home

Important Dates:

July 7-12	Pick up your Prayer Materials and Instructions from the Office
July 13, Saturday	Spiritual Talk #1 after the 8:30am mass (Introductory Talk: Consecration to Jesus through Mary)
July 13, Saturday	Prayers begin (Free book will be provided)
July 20, Saturday	Spiritual Talk #2, after the 8:30am mass (The Spirit of the World)
July 27, Saturday	Spiritual Talk #3, after the 8:30am mass (Knowledge of Self)
August 3, Saturday	Spiritual Talk #4 after the 8:30am mass (Knowledge of Mary)
August 10, Saturday	Spiritual Talk #5 after the 8:30am mass (Knowledge of Jesus)
August 14, Wednesday	33 rd Day of Prayer
August 15, Thursday	Consecration Day, Feast of the Assumption of Our Lady during the 6pm mass. Come to mass at this day and we will consecrate together. Go to confession within 8 days before or after. Receive Jesus through Holy Communion on this day.

Recommended Books

- a. The Secret of Mary – St. Louis Marie de Montfort
- b. True Devotion to Mary – St. Louis de Montfort
- c. Secret of the Rosary – St. Louis Marie de Montfort
- d. 33 days to Morning Glory – Fr. Michael Gaitley



REGISTRATION FORM

TOTAL CONSECRATION TO JESUS THROUGH MARY PROGRAM

St. Michael's Church, Livermore, CA

NAME: _____

EMAIL: _____

PHONE: _____

Return your registration form to the Consecration team after Mass

OR Email you information to:

Marise Arena: arenamarise@gmail.com

Glenda Dubsy: dubskyglenda@gmail.com

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ACTIONS REQUIRED:

1. Begin the Consecration Preparation prayers by reading the specific pages of the book assigned in the schedule sheet provided. Start with Day 1 on July 13, until you complete 33 days. The prayers should be said on the dates specified at your preferred time and place. If you miss a day, try to catch up by reading the day you missed as soon as possible.
2. To enhance your Consecration, you are highly encouraged to come to the Reflection Talks on Saturdays beginning on July 13 after the 8:30am mass. These talks will take 30 minutes and will begin on July 13 for 5 Saturdays. Rosary will be prayed afterwards.
3. Your Consecration day is on **Thursday, August 15th**, the Feast of the Assumption. Come to the **6pm mass** and we will all say our Act of Consecration together at the mass. Please wear **WHITE** color clothes on this day to symbolize our journey towards purity and perfection.
4. During this preparation period, try to do some works of mercy, visit the Blessed Sacrament, or do some small sacrifices like fasting, etc. to enhance your preparation for Consecration.
5. Suggested Spiritual readings and media include:
 - a. St. Louis de Montfort: True Devotion to Mary, The Secret of Mary, The Secret of the Rosary, Love of Eternal Wisdom, Letter to the Friends of the Cross
 - b. Thomas Kempe: The Imitation of Christ
 - c. Michael Gaitley: 33 Days to Morning Glory
 - d. Formed.org: "The Woman"
6. Should you have any questions, you may contact:
 - a. Marise Arena: arenamarise@gmail.com
 - b. Glenda Dubsky: dubskyglenda@gmail.com

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Schedule: You should say the "Part A" and the "Part B" readings/prayers for each day.

Day	Period	Date	Part A Reading	Part B Prayers
1	Emptying Self of the Spirit of the World	13-Jul	Pages 9-10	Page 105-107
2	Emptying Self of the Spirit of the World	14-Jul	Pages 11-12	Page 105-107
3	Emptying Self of the Spirit of the World	15-Jul	Pages 13-14	Page 105-107
4	Emptying Self of the Spirit of the World	16-Jul	Pages 15-16	Page 105-107
5	Emptying Self of the Spirit of the World	17-Jul	Pages 17-18	Page 105-107
6	Emptying Self of the Spirit of the World	18-Jul	Pages 19-20	Page 105-107
7	Emptying Self of the Spirit of the World	19-Jul	Pages 21-22	Page 105-107
8	Emptying Self of the Spirit of the World	20-Jul	Pages 23-24	Page 105-107
9	Emptying Self of the Spirit of the World	21-Jul	Pages 25-27	Page 105-107
10	Emptying Self of the Spirit of the World	22-Jul	Pages 28-30	Page 105-107
11	Emptying Self of the Spirit of the World	23-Jul	Pages 31-32	Page 105-107
12	Emptying Self of the Spirit of the World	24-Jul	Pages 33-35	Page 105-107
13	Knowledge of Self and Sorrow for sin	25-Jul	Page 37-39	Page 105-107
14	Knowledge of Self and Sorrow for sin	26-Jul	Pages 40-42	Page 105-107
15	Knowledge of Self and Sorrow for sin	27-Jul	Pages 43-45	Page 105-107
16	Knowledge of Self and Sorrow for sin	28-Jul	Pages 46-48	Page 105-107
17	Knowledge of Self and Sorrow for sin	29-Jul	Pages 49-51	Page 105-107
18	Knowledge of Self and Sorrow for sin	30-Jul	Pages 52-54	Page 105-107
19	Knowledge of Self and Sorrow for sin	31-Jul	Pages 55-57	Page 105-107
20	Getting to Know Mary	1-Aug	Pages 59-62	Page 105-107
21	Getting to Know Mary	2-Aug	Pages 63-65	Page 105-107
22	Getting to Know Mary	3-Aug	Pages 66-68	Page 105-107
23	Getting to Know Mary	3-Aug	Pages 69-71	Page 105-107
24	Getting to Know Mary	5-Aug	Pages 72-74	Page 105-107
25	Getting to Know Mary	6-Aug	Pages 75-77	Page 105-107
26	Getting to Know Mary	7-Aug	Pages 78-80	Page 105-107
27	Getting to Know Jesus	8-Aug	Pages 81-84	Page 105-107
28	Getting to Know Jesus	9-Aug	Pages 85-86	Page 105-107
29	Getting to Know Jesus	10-Aug	Pages 87-88	Page 105-107
30	Getting to Know Jesus	11-Aug	Pages 89-91	Page 105-107
31	Getting to Know Jesus	12-Aug	Pages 92-94	Page 105-107
32	Getting to Know Jesus	13-Aug	Pages 95-97	Page 105-107
33	Getting to Know Jesus	14-Aug	Pages 98-100	Page 105-107
	Consecration Day	15-Aug	Pages 101-104	