



# SAINT PROJECT

The Saint Project is one of the requirements for confirmation. For this project, candidates will select a Saint whose faith witness inspires them to live a life of greater faithfulness. Candidates may select the name of this Saint as their Confirmation name or they may choose their Baptismal name. The Confirmation name is the name by which the candidates will be presented to the Bishop at the Sacrament of Confirmation Mass.

The saint project is to help the candidate understand more fully the Catholic Church's teaching on saints and the life of the saint the candidate chooses as their patron saint. For this project, choose a Saint you admire who will be your model and spiritual companion for the rest of your life. Choose one with attributes you admire. (i.e. courage in the face of difficulties, dedicated to a rich prayer life, helping the poor, etc.) Choosing a Saint is a prayerful process. Ask God to inspire you in your prayers and reflections as you discern the name of a Saint for this project.

## Here are a few guidelines and suggestions:

- Begin by finding Saints who share your first, middle or sometimes last names. Read the stories of these Saints and see if their lives attract you in some way. The Internet is an easy way to search for the life stories of Saints.
  - o Some websites that might be helpful:  
<http://www.catholic.org/saints/> and/or <http://www.catholic-saints.info/>
- Think about your interests. For example – if you are interested in music – look up the patron Saint of musicians, etc.
- Research the Saint whose feast day is the same as your birthday.
- If the founder/foundress of a religious community in your area is canonized as a Saint, research their life story and how they founded the religious order.
- Talk to your parents and sponsor about their choices and their patron Saints.
- **Choose a few Saints that inspire you.**

## Things to note about the project:

- We want to encourage candidates to learn about their chosen Saint and express their learning in their own words. Please do not copy and paste from the Internet. Use the Internet as a research tool only.
- There are a lot of sources about all the different saints. Please make sure the Saint is a Roman Catholic Church Saint. If you are unsure or need guidance, please contact Priscilla via email and she will help you with resources or to confirm your Saint is an approved Roman Catholic Church Saint.

## The Confirmation Candidate can choose one of the following projects:

- **A typed research paper**
  - o Cover page with saint name, picture of saint, candidates first and last name

- 3 pages of text
- double spaced
- Roman Times font
- size 12
- State if the confirmation candidate would like to be confirmed with their Baptismal name or with this saint's name.
- A PowerPoint Presentation
  - Cover page/slide with saint name, picture of saint and candidates first and last name
  - Minimum of 10 slides that has all researched information
  - A good mix of images and text
  - State if the confirmation candidate would like to be confirmed with their Baptismal name or with this saint's name.
- A 1-1.5-hour movie/video
  - In the beginning state saint name, candidates first and last name
  - Show visuals throughout the video- poster board
  - You may use flashcards as you present
  - Candidate must be present in video
  - Think of this as a recorded video presentation
  - State if the confirmation candidate would like to be confirmed with their Baptismal name or with this saint's name.

The following questions should be answered:

- What is a saint according to the Catholic Church?
- Why do we pray to saints?
- Why did you pick this saint?
- What would you like your confirmation saint to pray for, for you?
- Why did you choose this saint? Are there things about this saint that you can connect with?
- What virtues do you admire that this Saint practiced?
- What about this Saint inspires you to receive the Sacrament of Confirmation?
- What about this Saint inspires you to be a better Catholic and how is this Saint a model for Christians today?
- Detailed Information about your saint:
  - The saint's full name
  - When and where was the saint born? or if the birthdate is not available, note time lived
  - Saint's family, friends?
  - What did they do in their earthly life? What is the Saint known for?
  - What are some miracles that are attributed to them?
  - What are they the patron saint of? (i.e. Saint Damian is the patron saint for doctors and Leprosy)
  - When and how did they die?
  - When is their feast day?
  - Is there a shrine dedicated to this saint?
  - Other information you find interesting about the saint. Important facts/information/details about the Saint.

If you have any questions, please email Priscilla Stutzman at [dre@stmichaellivermore.com](mailto:dre@stmichaellivermore.com)

**Projects must be turned in via email to  
Priscilla Stutzman by April 14, 2021.**