SAINT MICHAEL
CATHOLIC CHURCH

MARCH 12 2023
12 DE MARZO DE 2023

458 Maple Street
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StMichaelLivermore.com
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Parish Office: 925-447-1585 | Urgent After-Hours Emergency Sacraments: 925-533-7599

3RD SUNDAY OF LENT

Jesus answered and said to her, "If you knew the gift of God and who is saying to you, 'Give me a drink,' you would have asked him and he would have given you living water." - Jn 4:10

3ER DOMINGO DE LA CUARESMA

Jesús le dijo: "Si conocieras el don de Dios y quién es el que te pide de beber, tú le pedirías a él, y él te daría agua viva". - Jn 4, 10

Noticias en Español
Páginas 5-10

CELEBRATE THE SACRAMENTS | GROW DISCIPLES | BRING CHRIST TO PEOPLE

CELEBRA LOS SACRAMENTOS | HAS DISCÍPULOS | LLEVA A CRISTO A LAS PERSONAS

WHEN THE HOLY SPIRIT LEADS YOU BACK WITH A FIRE!

SANDRA LUNA'S SACRED STORY

Sandra grew up isolated from Catholicism. When her children enrolled in Faith Formation classes, she felt the Holy Spirit lead her back to Jesus. Now she's on fire for the faith!

How did the Holy Spirit call you back?

Well, growing up my parents attended some kind of other religion, like a kind of spiritual temple or something. I didn't attend as a child and I don't know much about it, but later they wanted me to follow too. I just didn't. I went along without knowing much of anything about God. I was definitely in darkness, and had no one to guide me. No guidance at all.

What's strange is that no one person suggested that I look into the Catholic Church. It was 100% the Holy Spirit. I was going through some very difficult times and suffering with anxiety and other illnesses. I felt an unexplainable pull, like a calling to come back to Mass. I know now that it was the Holy Spirit. When I did come back, I felt peace at last!

Is that when you decided to prepare to receive First Communion and Confirmation?

Soon after, yes. My children were taking their classes to receive Sacraments, and they would tell me things. And I didn't have a clue! So, I decided it was my turn to learn about the faith.

What is it like now that you are attending classes?

It's like a big WOW! I had no idea how much I didn't know, how beautiful the Church teachings are, and how much Jesus loves us. Every moment that I learn something new it is really powerful. I feel like it has changed my whole world, like my life is brand new!

How has your life changed?

For one thing, I do not have anxiety anymore! I was going to counseling for anxiety, and it helped a little, but not much. But now? I feel like Jesus has healed me. Every morning when I wake up, I feel like the Holy Spirit is there with me and throughout the day, everything is more easygoing. Everything is brighter and better. Prayer is everything! As a family, we pray before meals now, which is a big change for us. It has made a huge impact on our family life. I'm also learning to memorize the Rosary prayers, so I won't have to look at the paper, and I want to attend the Rosary groups to pray together. And I'm paying attention to those "God Moments" too.

Do you mean noticing God as you go about your day?

Yes, that's how I understand God Moments. There are a lot throughout the day and throughout my life. One example is when I got into an argument with my husband. I got so angry, but instead of continuing the argument, I stepped out and went for a drive. I ended up driving by St Michael Church and heard the bells ringing. Without thinking too much about it, I parked and went into the church, and Mass in Spanish was just starting! I had no idea that there was Mass on Wednesday evenings, so I think it was Jesus just saying, "Come to me. Let me help." Then after coming home, we apologized to each other. There was no more arguing, no more fighting.

It sounds like you've fallen in love!

Yes! I want to learn and grow more and more about God. I love watching the educational videos and reading about the faith. I used to have a fear of God, I think, but now I feel protected and safe and so hungry to learn more. I just want to stay on track and my heart feels like it's finally full. Before, it was empty. That is why I'm preparing to receive First Communion and Confirmation. My husband and I were married civilly, and we are preparing to be married in the Church too. I can't wait!

I love your energy.

Thank you, I do have a different energy than before. I just want everyone to have what I have found! I want to tell the world to come to Mass, get close to Jesus. He will send you light and peace and joy to make things better. I wish everyone could see the world in this different way.

So don't wait. Don't hold back. Go to Mass, you know, attend church because there is a cure for your hurt. Everybody needs more light in their heart, in their homes, in the community. Everyone needs the love of Jesus. He will only make things way, way better.

Sacred Stories
by Tina Gregory, in Service to St Michael Church

UPCOMING EVENTS

GOLDEN FRIENDS ART CLASS
Tuesday, March 14 11am-1pm
Parish Hall
$7 includes supplies and light lunch
Register: suzibg@sbcglobal.net

GOLDEN FRIENDS ST PATRICK'S DAY FEAST
Friday, March 17, 10am-1pm
Parish Hall
Register: suzibg@sbcglobal.net

ST MICHAEL SCHOOL DINE OUT
1st Treat Yogurt
March 17-19
Enjoy a fro-yo treat and support our school!

DAUGHTERS OF ST PAUL BOOK FAIR
March 18-19
After all Masses in the Conference room (next to the chapel) Bibles and books for all ages!

SECOND SCRUTINY
Sunday, March 19 at 9:30 am Mass
Pray for our Elect

NEW PARISHIONER POTLUCK
Tuesday, March 21 at 6:30 pm
St Michael Convent
If you're new to St Michael's in the past year or so, come meet new friends! Contact: 925-577-9939

FUNERAL LUNCH & LEARN
Tuesdays, March 21
April 4 and 18
Learn about prearranging funeral and cemetery services while enjoying lunch at Uncle Yu's.
Register: Frank 925-784-6666

ST MICHAEL SCHOOL DINE OUT
Hop DeVine
Thursday, March 23
Enjoy a great meal and support our school!

THIRD SCRUTINY
Sunday, March 26 at 11 am Mass
Pray for our Elect

HOLY WEEK SCHEDULE

The last opportunity for Confession before Easter is Wednesday, April 5, at 7:15 am and 6:00 pm.
No Confession on Holy Thursday through Easter Sunday.
See page 10 for the regular Confession schedule.

EVERYDAY STEWARDSHIP

When I think about the story of the Samaritan woman at the well, I think of my father. This Gospel reading that we use every year for the First Scrutiny of the RCIA was always my favorite to discuss with those who would be baptized in just a few weeks at the Easter Vigil. Not that many years ago, my father was one of those elect. That year, the story was more powerful than ever.

The woman went frequently to the well looking to get the water that would sustain her body. But in the story, Jesus tells her of a different kind of water, one that gives life and quenches even the driest of thirsts. The story tells us that she put down her water jar and ran to the town telling of her encounter with the One who may be the Christ. She left that jar at the well. She did not need it anymore.

I encounter people all the time that spend their days going up the hill to draw water. They are tired and spent. My father was one of those. But with the gift of baptismal water, that constant chore is now over. There is no need to travel up that hill.

This Lent, if you are one of the baptized, reclaim the gift of your baptism. Stop climbing that hill in search of something that can only quench your thirst temporarily. You encountered Christ and have the everlasting, living water already. Put down that water jar. Your new life has only just begun.

Tracy Earl Welliver, MTS
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LA CORRESPONSABILIDAD DIARIA

Cuando pienso en la historia de la mujer samaritana, pienso en mi padre. Esta lectura es mi favorita para introducir a los estudiantes del RICA que serán bautizados durante la vigilia de Pascua. Hace poco tiempo mi padre fue uno de ellos. Ese año el mensaje fue más poderoso que nunca.

La mujer samaritana iba con frecuencia al pozo para obtener el agua que necesitaba para sobrevivir. Pero en la lectura, Jesús le cuenta de otro tipo de agua; le cuenta de un agua que da vida y que quita la sed más seca. La lectura dice que la mujer deja sus cosas y corre hacia el pueblo para contarles a los demás de su encuentro con el que pudiera ser Cristo. Ella dejó su jarra en el pozo. No la necesitaba más.

Yo conozco a mucha gente que se la pasa mucho tiempo subiendo la montaña para coger agua. Es cansado y gastado. Mi padre era uno de esos. Pero con el regalo del agua bautismal, ese quehacer llega a su fin. No hay necesidad de subir por el agua jamás.

Durante esta Cuaresma, si usted es unos de los que ya están bautizados, recupere el regalo de su bautismo. Pare de subir al pozo en busca de algo que solo le quitará la sed temporalmente. Ya encontró a Cristo y usted ya tiene el agua eterna. Deje su jarra. Su vida nueva acaba de comenzar.

Tracy Earl Welliver, MTS
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¡CUANDO EL ESPÍRITU SANTO TE CONDUCE DE REGRESO A JESÚS CON ARDOR!

LA HISTORIA SAGRADA DE SANDRA LUNA

Sandra creció aislada del catolicismo. Cuando sus hijos se inscribieron en las clases de Formación en la fe, sintió que el Espíritu Santo la guiaba de regreso a Jesús. ¡Ahora ella está ardiendo por la fe!

¿Cómo te llamó el Espíritu Santo?
Bueno, cuando estaba pequeña, mis padres asistían a otro tipo de religión, como una especie de templo espiritual o algo así. Yo no asistía de pequeña y no sé mucho sobre esa religión, pero más tarde ellos quisieron que yo también la siguiera; simplemente no lo hice y seguí adelante sin saber nada acerca de Dios. Definitivamente estaba en la oscuridad, no tenía a nadie que me guiara; absolutamente sin ninguna orientación.

Lo extraño es que nadie me sugirió que investigara en la Iglesia Católica. Fue 100% obra del Espíritu Santo; estaba pasando por momentos muy difíciles y sufría de ansiedad y otras enfermedades. Sentí un tirón inexplicable, como un llamado para ir a Misa. Ahora sé que fue el Espíritu Santo y cuando finalmente fui, ¡al fin sentí paz!

¿Fue entonces cuando decidiste prepararte para recibir la Primera Comunión y la Confirmación?
Si, un poco después. Mis hijos estaban tomando sus clases para recibir los Sacramentos, y me contaban cosas. ¡Y yo no tenía ni idea! Entonces, decidí que era mi turno de aprender sobre la fe.

¿Cómo te sientes ahora que estás asistiendo a clases?
¡Es como un gran WOW! No tenía idea de cuánto no sabía, cuán hermosas son las enseñanzas de la Iglesia y cuánto nos ama Jesús. Cada momento que aprendo algo nuevo es realmente poderoso. ¡Siento que ha cambiado todo mi mundo, como si mi vida fuera completamente nueva!

¿Cómo ha cambiado tu vida?
Por un lado, ¡ya no tengo ansiedad! Antes, yo iba a terapia por ansiedad y me ayudó un poco, pero no mucho. ¿Pero, ahora? Siento que Jesús me ha sanado. Cada mañana cuando me despierto, siento que el Espíritu Santo está conmigo y durante todo el día, todo es más tranquilo. Todo es más brillante y mejor.

¡La oración lo es todo! Como familia, ahora rezamos antes de las comidas, lo cual es un gran cambio para nosotros. Ha tenido un gran impacto en nuestra vida familiar. También estoy aprendiendo a memorizar las oraciones del Rosario, para no tener que mirar el papel, y quiero asistir a los grupos de Rosario para rezar juntos. Y también estoy prestando atención a esos "Momentos de Dios".

¿Te refieres a notar a Dios a medida que avanzas en tu día?
Sí, así es como entiendo los "Momentos de Dios." Son muchos a lo largo del día y a lo largo de mi vida. Por ejemplo, un día tuve una discusión con mi esposo; me enojé mucho, pero en lugar de continuar con la discusión, salí y fui a dar una vuelta. Terminé conduciendo por St Michael Church y escuché el sonido de las campanas. Sin pensarlo mucho, estacioné y entré a la iglesia, ¡y la misa en español apenas comenzaba! No tenía idea de que había misa los miércoles por la noche, así que creo que era Jesús quien simplemente decía: "Ven a mí. Déjame ayudarte." Luego, después de llegar a casa, nos disculpamos el uno al otro. No hubo más discusiones, no más peleas.

¡Parece que te has enamorado!
¡Sí! Quiero aprender y crecer más y estar más acerca de Dios. Me encanta ver los videos educativos y leer sobre la fe. Creo que yo solía tener miedo de Dios, pero ahora me siento protegida y segura y con tanto deseo de aprender más. Solo quiero mantener el rumbo, mi corazón se siente como si finalmente estuviera lleno cuando antes estaba vacío. Por eso me estoy preparando para recibir la Primera Comunión y la Confirmación. Mi esposo y yo nos casamos civilmente y nos estamos preparando para casarnos también por la Iglesia. ¡Estoy tan impaciente!

¡Me encanta tu energía!
Gracias, ahora tengo una energía diferente a la de antes. ¡Solo quiero compartir lo que yo he encontrado! Quiero decirle al mundo que venga a Misa, que se acerque a Jesús. Él te enviará luz, paz y alegría para mejorar las cosas. Ojalá todos pudieran ver el mundo de esta manera diferente. Así que no esperes. No te detengas. Ve a misa, ya sabes, asiste a la iglesia porque hay cura para tus heridas. Todos necesitan más luz en su corazón, en sus hogares, en la comunidad. Todo el mundo necesita el amor de Jesús. Él solo hará las cosas mucho, mucho mejor.

Sacred Stories
by Tina Gregory, in Service to St Michael Church

HORARIO SEMANA SANTA

La última oportunidad para la Confesión antes de Pascua es el miércoles 5 de abril a las 7:15 am y 6:00 pm.
No hay confesión del Jueves Santo al Domingo de Pascua.
Vea la página 10 para el horario regular de confesiones.

STATIONS OF THE CROSS
VÍA CRUCIS
The Fridays of Lent
Los Viernes de Cuaresma
7:00 pm in English
8:00 pm en Español

RETIRO DE CUARESMA
10 AM - 6 PM
03.25.23
Salon de Iglesia
INSCRIBIRSE
bit.ly/Cuaresma2023
o 925-667-4096

Friday
FISH TACOS
FRIDAYS in LENT
February 24 - March 31
5:00 - 7:00 pm
ST CHARLES PARISH HALL

FORMED
Es muy fácil registrarse:
Ir a FORMED.org/signup
Entre nuestro código postal 94550 y seleccione el nombre de nuestra parroquia,
Entre su nombre y su correo electronico

FOOD PANTRY
DESPENSA DE COMIDA

St Michael Community Care

Saturdays | Sábados
9:00 am - 11:00 am
Behind the Church

St Vincent de Paul

Mondays - Thursdays |
Lunes - Jueves
7:00 pm - 8:00 pm +
Wednesday | Miércoles
4:00 pm -5:00 pm
Behind the Church |
Detrás de la iglesia

EMERGENCY FINANCIAL HELP
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925-222-2273

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ROSARY | ROSARIO

Every Day
6:00 am in the Church (English)
7:15 am online meeting (English)
9:15 am in the Chapel (English)
8:00 pm reunión en línea (Español)

Mon, Tues, Thurs, Fri
6:15 pm in the Chapel (English)

Miércoles
6:15 pm en la Iglesia (Español)

Wednesdays
6:30 pm Our Lady of Perpetual Help Novena and Rosary on Zoom (English)

Saturdays
7:45 am in the Church (English)

For online meeting links, visit:
StMichaelLivermore.com/Rosary

Mass INTENTIONS

Saturday, March 11
Sábado, 11 de Marzo
6:45 am Souls of Purgatory
8:30 am Florin Rabat+
5:00 pm Simone Rosina Zozim+
7:00 pm Roberto Valle Salazar+ and Amigo

Sunday, March 12
Sábado, 12 de Marzo
6:45 am Generosa and Monica Galarpe+
8:00 am Brenda Yareli Loza
9:30 am Moyses & Pureza Garcia+
11:00 am Clara George+
12:30 pm Maria Chavez+
5:00 pm Lillian R. Kupski

Monday, March 13
Lunes, 13 de Marzo
6:45 am Phil & Tracy Heskett, Grace Heskett
8:30 am Desmond Moller

Tuesday, March 14
Martes, 14 de Marzo
6:45 am Leonard Gonzalezs+
8:30 am Charlie Dunn+

Wednesday, March 15
Miércoles, 15 de Marzo
6:45 am Souls of Purgatory
8:30 am Clara George+
7:30 pm Roberto Valle Salazar+ and Amigo

Thursday, March 16
Jueves, 16 de Marzo
6:45 am Kate Hottinger
8:30 am Rodrigo E. Morales, Jr.

Friday, March 17
Viernes, 17 de Marzo
6:45 am Mary Slater+
8:30 am Jose Marquez DaSilva+

MASS INTENTIONS AND PRAYER REQUESTS
INTENCIONES DE LA MISA Y PETICIONES DE ORACIÓN

Mass Intentions: email Office@StMichaelLivermore.com or visit the church office to request the next available Mass. To submit prayer requests to our prayer team, email Pray@StMichaelLivermore.com

Intención de misa: a visite la oficina de la iglesia o envíe un correo electrónicoOffice@StMichaelLivermore.com para solicitar la próxima misa disponible. Para enviar solicitudes de oración a nuestro equipo de oración, envíe un correo electrónico a Pray@StMichaelLivermore.com

WEEKLY SCHEDULE | PROGRAMA SEMANAL

Subscribe to the Friday Flocknote
StMichaelLivermore.com/Flocknote

Baptism
Bautismo
StMichaelLivermore.com/Baptism
or 925-447-1585

Faith Formation
Formación en la fe
StMichaelLivermore.com/FaithFormation or 925-667-4096

Adult Sacrament Prep
Preparación sacramental para adultos
StMichaelLivermore.com/RCIA
925-667-4096

Quinceañera
StMichaelLivermore.com/Quince
925-447-1585

Weddings
Bodas
StMichaelLivermore.com/Weddings or 925-315-9960

Anointing of the Sick
Unción de los enfermos
925-667-4052

Vocations
Vocaciones
OakDiocese.org/Vocations

Funerals
Funerales
StMichaelLivermore.com/Funerals or 925-533-7599

DAILY MASS | MISA DIARIA

6:45 am	Mass in English
8:30 am	Mass in English
7:00 pm	Misa en español los miércoles

SATURDAY VIGIL MASS | MISA DE VIGILIA DEL SÀBADO

5:00 pm	Saturday Mass in English
7:00 pm	Sàbado Misa en español

SUNDAY MASS | MISA DOMINICAL

6:45 am	Mass in English
8:00 am*	Traditional Latin Mass | Misa tradicional en latín
9:30 am*	Mass in English
11:00 am	Mass in English
12:30 pm*	Misa en español
5:00 pm	Mass in English

*Livestreamed on Facebook and YouTube

MONTHLY CELEBRATIONS | CELEBRACIONES MENSUALES

1st Friday	Mass in the Chapel at 11:00 am Misa en español en la Iglesia a las 7:30 pm (Rosario: 7:00 pm)
3rd Friday	Mass with Golden Friends Seniors at 10:30 am (Sep-May)
1st Saturday	8:20 am, then Mass, then continuing after
3rd Sunday	Mass in Tagalog at 3:30 pm
4th Sunday	Mass in Vietnamese at 3:30 pm

SILENT PRAYER & ADORATION | ORACIÒN SILENCIOSA Y ADORACIÒN

M-Th | L-J	7:15 am-7:00 pm
Fr-Sat | V-S	7:15 am Friday | Viernes to 9:00 am Saturday | Sàbado

CONFESSION | CONFESIONES

M-F | L-V	7:15 am in the Church | en la iglesia
Wed | X	6:00 pm in the Church | en la iglesia
Sat | Sàbado	9:15 am in the Church | en la iglesia
Sun | Dom	7:00 am in the Chapel | en la capilla

OFFICE HOURS | HORAS DE OFICINA

New!

Monday | Lunes:
Closed | Cerrado
Tuesday - Thursday | Martes -Jueves:
9:00 am - 12:00 pm, 1:00 pm - 5:00 pm
Friday | Viernes:
9:00am - 12:00 pm

EMERGENCY SACRAMENTS | URGENTES DE EMERGENCIA

925-533-7599

COMMUNITY CARE FREE GRCORIES | DESPENSAS GRATIS

Sat | Sàbado 9:00 am - 11:00 am at St Michael School
Request delivery for homebound by Thursday: 925-447-1585

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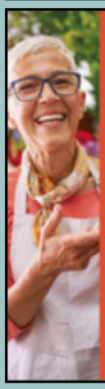

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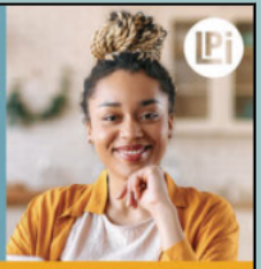

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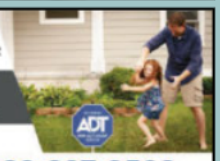

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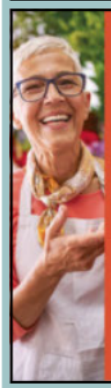

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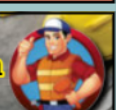

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